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Dr Chrysagis Nikolaos- Stavros is Laboratory teaching staff at the Department of Physiotherapy, School of health Sciences, University of West Attica. He graduated from the Department of Physiotherapy, School of health Sciences, University of West Attica and from the Department of Physical Education and Sport Sciences, Kapodistrian University of Athens. Dr Chrysagis has also gained his PhD in Adapted Physical Activity and his MSc in Biology of Exercise from the Kapodistrian University of Athens (Department of Physical Education and Sport Sciences). She teaches various courses in the areas of neurological / pediatric physiotherapy and adapted physical activity. His research interests concern the adapted physical activity as well as neurological rehabilitation. He has a total of 17 publications in peer-reviewed scientific journals, 25 presentations in scientific conferences and 303 citations in google scholar (h index =6) and 109 in scopus (h index = 5). He participates as a researcher at Erasmus+ Projects of the European Union.